

PURE
AT TANJONG JARA RESORT



PURE

Please contact Concierge for advance reservations

SUCIMURNI EXERCISE

Start the day with our gentle, signature stretching exercises inspired by the seven main animal chakras. Based on the Malay concept of Sucimurni, which emphasises the purity of spirit, health and well-being, these exercises aim to balance your mind and body for a fresh start to the morning.

VENUE Next to lobby | TIME 8.30am | FREQUENCY Daily | DURATION 30 minutes

JARA HILL WALK & MALAY HERBAL GARDEN VISIT

Discover interesting facts about the local flora and fauna still used by many of the nearby villagers in their daily lives. Led by the resort's resident naturalist, this gentle walk includes a tour of the Malay herbal garden and a gentle climb up the steps of Jara Hill, for a panoramic view of the coastline and a sighting of the sea eagles' nesting ground. Do wear suitable, covered walking shoes and bring along mosquito repellent.

TIME Depart from lobby at 3.30pm | FREQUENCY Daily except Sunday | DURATION 1 hour | Subject to weather conditions

TRADITIONAL HANDICRAFT CLASSES

Learn a new skill and bring home a unique souvenir to remember your stay. Classes include lessons on paper flower decorations and making *ketupat*, a diamond-shaped pouch of woven palm leaf locally used during festive occasions to contain and cook rice.

VENUE Garden | TIME 2.30pm | FREQUENCY Daily | DURATION 1 hour

OUTDOOR GAMES: VOLLEYBALL, TENNIS, BASKETBALL & FUTSAL

Outdoor games offer a dynamic blend of fun and physical activity, making them a favourite pastime for people of all ages.

VENUE Designated areas around resort grounds | FREQUENCY Daily | Volleyball requires a minimum of 4 players

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TERENGGANU CRAFTSMANSHIP TOUR

A half-day journey exploring handicraft shops along the scenic route leading to Kuala Terengganu.

TIME Depart from lobby at 9am | FREQUENCY Tuesday and Thursday | DURATION 5 hours

BICYCLE TOUR

A scenic ride to the nearby Fisherman's Village, where you can immerse yourself in the local culture, interact with residents, and savour authentic snacks and beverages.

TIME Depart from lobby at 5pm | FREQUENCY Tuesday and Thursday | DURATION 2 hours | Subject to weather conditions

BATIK PAINTING

Book a vibrant batik painting session – it's more than just art! Enjoy a fun experience in the colourful world of wax and dye as you create your own masterpiece on fabric. Let your creativity flow as you craft intricate designs.

VENUE Lobby | FREQUENCY Daily except Friday

MARANG ECO RIVER CRUISE

A captivating half-day cruise along the picturesque Marang River, encountering stunning scenery and wildlife. Explore a traditional Malay village, where ancient customs thrive, providing a glimpse into rich cultural heritage.

TIME Depart from lobby at 9am | FREQUENCY Monday and Saturday | DURATION 4 hours | Subject to weather conditions